

# Celestial Crystals

Creating a  
New Healing  
Modality

SUKHENDU  
MANDAL PHD



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*Creating a New Healing Modality*

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## Book 1 & 2

Celestial crystals have been written in two parts, both integrated in this book. Part 1 was released in the year 2021 and was focused on the energy connection of some of the most powerful healing crystals. It also had some stories of crystal collections.

Part 2, which is added to this same title, was upgraded in early 2023. There is no separate book created on the topic as it would create more diversion from the original aim of the project. Part 2 was not ready earlier in terms of access to that level of consciousness as well as the readiness of readers to activate and integrate the energy.

The purpose of part 2 is to help all crystal enthusiasts experience the full glory of crystal energies in their most transformational form. There will be two activations towards the end of part 2 that activate a person to access the energy of any healing crystal that ever existed. Then the second activation expands the energy level to its full universal level allowing the person to activate crystals to their higher octaves anchoring a huge amount of energy on this plane. Unlike the limited nature of crystal energies, these new crystals and sessions are going to make profoundly effective and permanent shifts in those who seek crystals for help.

Part 1 has some images from the 2014 crystals collection. Although they would not appear vibrant in the B/W print version, the main purpose of this book stays in the energy attunements

in part 2.



## About the Author

Dr. Sukhendu currently serves as a Clinical Research Associate with American Academy for Yoga in Medicine. He was a former Post Doctoral volunteer researcher in a Yoga and Neuroscience lab. At the peak of his research career, he left his Biotechnology and Molecular background after his PhD and shifted his study focus to Indian Yogic system and spirituality.

He has developed a vast pool of yogic knowledge and scientific consciousness in this journey. For years he has been traveling and interacting with people in the depths of India and learning about their spiritual culture. He has spent so much time in the sacred places that he himself has developed a deep spiritual consciousness.

His change in the path has brought a lot of criticism from his scientific community and non-acceptance from the spiritual side. He was considered a book bug and an amateur seeker. He once quoted that, if it ever existed, he would find and dissect the process of spiritual enlightenment and bring it to all. His words have created the path, and his book series Beyond Placebo shares the process of self-realization into multiple steps that anyone could simply read and activate.

He has received many names among the spiritual community as a vibrational speaker and a person with golden chakras. His books are known to emit strong vibes that sometimes create electrical fluctuations around the readers.

After years of inner work, he has described the process of ascension and self-realization as corrections in human behavior and perceptions. All this work was later integrated into a non-spiritual modality for human behavioral correction, named Meta-data work.

## Feedback

**F**eedback and testimonials are taken from the channel Celestial Crystals. The healing sessions from this book series were shared with a relaxing music.

### Moldavite

- Intense.. first five minutes my body burned hard.
- Thank you very much,I didn't feel anything like you mentioned in the other channel sometimes it's hard for people to feel it's energy, but on the Blue Lace Agate Crystal Attunement I felt around my neck and the chest area,it was like muscle twitching.
- This is really awesome!!! I felt its vibration in huge shivers, thank you very much.
- The moldavite attunement was extremely powerful. The vibrations are still with me after 5 minutes. I felt heavy energy leave me from inside my nose/sinuses.. Awesome! thank you.
- Powerful! Thank you

## Selenite

- Felt the energy.. still feeling the energy ..thank you very much

## Tourmaline

- Feeling so strong connection with black tourmaline it's fairy tail experience thank you Master.

## Phenakite

- Wow Thank you so much ☒ I experience a lot of tingling sensations in my forehead, my eyes (expecially my left eye twitching) my hands and toes with these attunements. Amazing!

## Herkimer

- Finally ♥ instant frequency raised erokom feel hochhce.

## The Collaboration

**W**riting on crystals is probably the costliest and most time-taking project I could think of. There are huge funds needed, plus the time to receive shipments from around the world. I had already spent 70k to 1 lakh INR in receiving collectibles from around the world. But I realized the expenses would be far more than what is procurable from the writing project. The crystals bought cost about a few bucks to about 20k per piece. It would be easier if there was support for this project, especially from someone who already has large bulk of crystal collection.

I was in feedback collection mode for my book series BEYOND PLACEBO when a project proposal showed up. The place owner had some awesome healing experiences with the codes system in the book series and wished to create something similar with Healing crystals.

Because I was pretty busy with my book series, I promised to get in a collab once the book series gets released. Meanwhile, she was asked to collect the needed crystals she wished to write on.

It would take a few lakhs in budget to collect some of the most important crystals for the project.

What I do not wish to write on is a system that creates emotional and mental dependence for people. I'm not too fond of the idea of wearing rings or gemstones to be able to live a meaningful life.

This collaboration offers a different possibility. It would be about the concept of Healing codes for crystals.

The first book breaks into the concept of healing crystals through direct experiences with some crystals. There will be a waiting period before the second book gets ready for the Rare Crystals Attunement series.



*Himalayan Quartz*

## A Fair Warning

**We see Only What We Want to See and Believe only What We  
want to Believe.**

**Reading a concept creates Emotional Investment.**

**What you are Invested in, you will respond to.**

CELESTIAL CRYSTALS



*Titanium Quartz*



## Introduction

**T**his book shares the direct experiences of the author while collecting healing crystals for the writing project. The author tries to break in the concepts and experiences to give a clearer view of the factors involved in the crystal healing response.

Also, the author shares the energy attunement to some of the most powerful crystals known to be originated from outer space.

CELESTIAL CRYSTALS



*Tourmaline Crystal- Handpicked from Varsey Valley 2014*

## The Questions

**I** did not pick the first crystal with the idea of healing or therapy. It was just part of a collection, and the vibrant color adds to the display. I did not even know of the name of the rock.

From not knowing to experiencing some of the most powerful healing crystals, this book will answer the queries all beginner collectors and crystal healers have. The answers might show up in the stories themselves.

1. Do Crystals work?
2. How much do they work?
3. How long does it take to work?
4. How do I know what is good?
5. Is it worth spending on it?
6. What am I experiencing?
7. Is it just expectation/placebo effect?
8. Do crystals heal major health issues?
9. If it can change my life?
10. Am I wasting my time and money?

11. Is there something else worthy of investing in?
12. When to stop?
13. Is it all new age nonsense?
14. Any harm with crystals?
15. But people say it works?
16. My friends do not get any experience, but I do!
17. What to do in the long term?
18. What do I truly seek, A Crystal or Freedom?

## First Heard About Crystals

**T**he first I heard about healing crystals was from a Television program that documents some unbelievable facts from around the world. The story was about a woman receiving ayurvedic treatment in Kerala. Her body was scanned through a special camera (polychromatic imaging) that showed dark spots around the throat. She received therapy with blue crystals and showed improvements. Her later pictures showed the dispersal of dark spots.

The concept of therapy with crystals is not so widely known in India. Alternatively, the concept of Astrological gemstones ruled the market for thousands of years. But the Astrological gemstones are limited to only a few crystal varieties, while healing crystals cover few hundred or thousands of minerals. Considering the prices of the gemstones, it would be fair to derive that the astrological gemstones are in high demand. On the other hand, healing crystals were sold for artistic or designer purpose at the cost of marble rock. It is in the last few years, the cost of healing crystals raised due to reiki crystals awareness.

I remember wearing pearls during my school days. It was

prescribed by someone to be able to focus on studies. How much it worked, no one knows!

The first natural healing crystal was handpicked from the Himalayan mountains during a trekking tour in Varsey valley. This was added as a collectible to the fossils and coins collection.

Later a large number of crystals and meteorites flowed in.



*Meteorites, Tektites and Fossil*

## Stuck in the Maze

I found a shop in the marketplace that supplies tumbled crystals. The price was too high for the crystals that appear like fancy fish pot decor. The online suppliers were ten times cheaper than this. But I got to buy something.

There was a pretty orange crystal that I picked, paid for it and moved to the cake shop.

The tiny stone fits well in the small jeans pocket, so I pocked it in. It was in a few minutes I felt my stomach being upset, and out of nowhere, it was a call for a storm. I desperately needed a toilet.

I entered the market from one of the corners, and the place has parallel lanes of shops with one center spot that opens in four directions. I soon found myself stuck in the maze.

It was impossible to find the way out and reach the nearest metro rail station. I needed to ask for directions and find a toilet.

Though this sounds like a fun encounter, the first-hand experience would be traumatizing.

The crystal was a dark orange carnelian and had a connection with the digestive system.

CELESTIAL CRYSTALS



*Carnelian Tumbled*



## Color changes in Meditation

**I** ordered a combination of multiple crystals from a supplier. The shipment had large number of colored pebbles and a small extra packet inside. I checked all other pebbles before opening the small one.

It was a dimly lit room in the evening when I opened the packet. There was a transparent candle/wax type of rock inside. The moment I touched the rock, there was a subtle feeling of change as if the mood changed, the dimly lit room seemed more bright, and a blue light flowed through my body. It was so subtle and momentary that I took it for being lost in imagination.

Now it has been more than twenty years practicing meditation and chanting. I know the space inside of meditation and how it feels. It has been the same color for years. Nothing more than a gray space like the old modeled black and white television screen.

But today, it has changed; it felt bright blue. The color has permanently shifted since then.

Those who practice daily meditation know of this expression of color in meditation. A sudden change for the practitioner

cannot go unnoticed.

I knew something had changed.

The same crystal, when touched to the heart chakra, created a flush of green-blue color. It was so rare to see any color in the meditation space for me.

The crystal is called selenite, and it is a water-soluble mineral of calcium sulfate.



*Gypsum - Selenite*

## Some people are naturally sensitive

I asked the seller about the crystal and ordered a larger piece of selenite. Oddly what came was two kilograms of large rocks. I was expecting something well-designed and not so large.

What am I supposed to do with all of it?

I distributed the pieces to friends and other collectors. Some of them totally new to crystals left their feedback about crystal meditation or the effect of keeping a crystal.

Most of them are not sensitive, and those who were are to a mild level. They did not feel anything with the crystal but felt more positivity and serene.

The selenite rocks were rough and had sharp edges, so I had to polish them for others. The night after cutting and polishing the crystals, I had a restless night's sleep due to cold and chills. The serene energy has gone intense and felt cold around the head and flowing to the body. The next morning I had red eyes as with sleep deprivation or what healers call high energy downloads.

Someone else also had a recurring cold when carrying a selenite. Another lady had a healing experience for her cold

and throat congestion.



*Pink Calcite*

## Spider Web Strings

I had a fancy for this crystal meteorite for some time. It was said to be millions of years old and was formed due to an impact of a meteorite.

I wanted it badly in my collection to display it to my numismatic friends in the next exhibition. I ordered a few pieces to be sure to get a genuine piece. Because they were called from different parts of the world, receiving all pieces took a few months.

I received the first piece just before the holidays. The packet was in my bag when I left for my village. There in my place, one of my cousins discovered an interesting phenomenon with the meteorite.

I handed over the crystal for her to analyze and make a comment on what it was made of. After a few minutes, she answered glass or stone then went to wash her hands.

She was clearing her hands as if removing the spider web she accidentally got her hand into. But it won't go away. So she washed it.

Soon I found there was something around my fingers too. I

placed the crystal back and tried to take a closer look. There was nothing visible, but if I pull out something from my other hand, it feels like a spider web string is being pulled off.

It was only with this one piece it happened for anyone who held it. It would create a feeling of strings around the fingers.

Not just the person holding it would feel it; anyone passing their hand between the palms of this person would have the feeling passing through subtle strings.

Later one of the collectors bought the meteorite, and the experience was forgotten. Multiple other pieces of the same meteor arrived in the later year, but none had the same phenomena.

This crystal is known as Moldavite.

I reserved two pieces for myself and gifted or sold out all other pieces. Not everyone felt significant changes. But the one who felt had shivers and vibrations in her spine when holding the stone for a few minutes.

SPIDER WEB STRINGS



*Moldavite*

## Fake Herkimer

I was searching for herkimer diamond and was unable to order it online. One of my friends found a seller from Bangalore who had two collectible pieces of herkimer. I received the piece by courier.

I was shocked to find a cut piece of local quartz sold ten times costlier than a genuine herkimer would cost. Later I found authentic pieces from Kansas and Argentina.

The fake material could not be refunded as it was an indirect buy and dealt with by a friend. In the long run, I realized most of the rare crystals like moldavite and Herkimer available here are fake.

This was another challenge in this project, to be able to identify and buy genuine material.

I decided to buy only from the country of origin, but that added huge costs and a more extended time on shipments.



## Bad Events

**I**t was in the mid of a busy day I received the parcel of a yellow meteorite. It was a huge gem-quality piece and was one of the top collectibles. The natural texture and bright golden color would qualify for exhibition material.

I opened the pack, checked the material, and placed it back.

The next moment I ruined a work that had been in a protocol for the last four days. It was a critical experiment, and the damage was irreparable. The damage happened at the last step. I was expecting results the following day, and now it was gone. With a broken heart, I left for my room. I had to go through that work all over again.

I placed the crystal box on my reading table and forgot for the time.

For the next few nights, I had some nasty dreams, and each time it would end with that yellow crystal. The last event was an experience of heavy weight on my plexus and back that swiped off as I woke up. Not getting good sleep was disturbing the busy working days. I sent the crystal pictures for healers and other collectors to analyze.

Later someone bought the crystal and had some wonderful energy experiences.

Probably I was not a good match for a yellow tektite.

I had another experience with yellow citrine crystals. As long as it was in my pocket, I felt a sense of confidence in doing things but would make minor accidents. It was affecting my subtle intuition and soft skills.



*Libyan Glass Tektite*

## People are attracted to Crystals

3-5 kilograms of tumbled crystals were received from different sellers. This lot was meant to contain all known healing crystals available in India, at least the commonly known ones.

During the holidays, I displayed the crystals for friends and relatives. I also allowed people to take the tumbled ones they wished to keep. Every individual had a specific affinity and liking to color, combinations, and depth.

Not everyone feels attracted to a specific crystal or color, and this behavior changes with time. The crystal one feels drawn to might have a significant effect or energetic response.

When shopping for crystals in Kolkata, I felt a strong liking for Cavansite due to its bright blue color, but that was only for short. If I remember the time I picked it from the market, it was a phase I was working on communication skills.

One of my cousins described a color he liked, and the shop-keeper named the stone as Peridot for him. He was working to find a secure job in that phase. The other person went for a green jade when struggling with grief.

CELESTIAL CRYSTALS



*Cavansite on Jasper*

## Plastic gives response

**I** was collecting some crystals from the supplier when he smiled and inquired.

“Do you think the crystals work?”

“How do I know? You are the seller.”

“This morning, a man asked for opal, and he experienced an electric shock from the crystal. What is happening to people?”

“What is wrong with the experience?”

“Well, I am the seller; I know these are fake plastic material.”

“Interesting effect then.”

“You also get any shock?”

Laughs

“My work is to study and write, shock or no shock it does not matter. I believe the person must have read the information that is all over the internet.”

“No one cared about these tumbled earlier, and now there is huge demand showing up in the market.”

“Yes, I see people seek for some reason.”

CELESTIAL CRYSTALS



*Pearls and Coral (Synthetic)*

## Response with Fake

**A** lot of people search for crystals after reading about them on the internet. It is a common suggestion to feel the vibrations to identify a genuine crystal.

But fake crystals also vibrate!

That is because beginners are too emotionally invested in finding a helpful crystal that they forget the vibration factor is triggered in mind.

The other reason is people get so saturated with the energy that they would feel vibes with anything.

If someone is asked to check through many genuine, powerful crystals and then handed over with artificial ones, it is unlikely they will be able to differentiate in a short time gap.

The third reason is terrible, and it goes to the morality of crystal sellers and healers. We got cheated on two Herkimer diamonds because the friend who bought them had no idea about Herkimer. Then the second reason was he felt strong vibes with the crystal. So that was proof of genuine crystal!

When I received the crystal, I too got the feeling of vibes, but I knew what it was. The common quartz was reiki attuned, so it

emits reiki energy. It was nothing like a Herkimer.

There is another more common reason with the currently available forgeries. Fakesters know what the buyers are seeking and the way they buy. The fake material is duped with a part of the original crystal to create the needed vibes. So when you hold a fake crystal, you will feel some vibes. There is no reason left to doubt the material.



## Funny Tingles

One of the shops in the market had rocks displayed on the front shelf. I checked closely to see if I could find something interesting. I picked a heavy metallic mineral and another black stone. The shopper keeper named them Gunmetal mineral and Smokey. These were unexpectedly cheaper compared to the last shop.

The stones were brought to my room and left under my bed to be later packed. For a few weeks, they stayed there.

One evening after returning from a stressful day's work, I checked my mobile sitting on my bed. I did not notice the subtle flow for a few minutes, but it became apparent I was feeling gentle tingles around my feet. It was like the stress was flowing out through the feet with tingles that felt funny.

I looked down to find the smokey quartz at some distance from my feet. For the next few days, this experience repeated every time I placed my feet near the stone.

On another occasion, a friend had a similar experience when the crystal touched his feet.

When the crystal is placed between your feet or touched under

the sole, it absorbs stress from the body and creates a relaxed feeling. Because it happens with funny sensations in your feet and a change in mood, it is called Happy Feet Stone.



*Smokey Quartz*

## Intense Experiences

I met this lady in a healing workshop. She was fiercely after techniques, crystals and spiritual stuff. On her inquiry about the most powerful crystal known, I quoted Phenakite found only in Burma.

The next I heard from her was about a month later.

She received her piece, and the moment the parcel was opened, her forehead was on fire, and she shivered like vertigo. The intensity did not clear for days where off she decided to get rid of the crystal and got it buried in her garden.

Such a loss of hundred dollars and a powerful crystal.

There was another instance of an intense experience after touching a crystal. This time it caused a severe stomach ache within just a few minutes of holding a tektite.

I had multiple experiences, but few could be called intense. After receiving a Russian meteorite, I had to use the toilet four to five times within a few hours. It caused intense heat and churning in the plexus chakra with loose motion. The only mistake I made was putting the crystal in my pocket because I was rushing for work. With time and experience, I learned not to

get close with every crystal unless you are ready for the energy changes.

## The Ultimate Combination

**S**canning through dozens of material, I finally found a genuine moldavite. I was pretty baffled to find all types of fake stuff online, ranging from bottle glass to red moldavite. People these days fake anything that makes money. Most fake crystals could be easily identified, but it needs first-hand experience with genuine ones. This was the first time I ordered moldavite and definitely did not have 100 dollars to pay for bottle glass.

I opened the case and handed it over to the jeweller. For a moment, I was lost when he dropped it. I had to wait for so long to find a gem-quality crystal, and it had just dropped on the floor.

The jeweller offered multiple options for metal binding the crystal into an amulet. Copper, Silver and Gold were the available options. And then he said Platinum.

But it would add another 300 USD to the expenses list.

Almost a month later, I received the platinum amulet. Nothing like its energy.

The amulet stayed in the case long before I showed it to other

healers and collectors.

What people said about the crystal:

“With its intense energy, it will turn a person bonkers.”

“People are not ready for this level of energy.”

“Such a powerful field”

“My face and ears turned warm touching it.”

“How are you holding it? I shakes my body.”

## The Rare Yogi

**I** happen to meet a plant medicine practitioner and a yogi from a rare sect. I wanted to know what the followers of ancient yogic systems believe or know about crystals.

I was expecting that the person would know nothing about rare crystals that came from Europe, especially the meteorites and tektites. He sure did not know about crystals beyond the astrological gems, but to my astonishment, he knew what the crystals do even without knowing anything. Probably the yogic vision or guesswork.

I placed the meteorites and tektites up front for him to see and share his thoughts.

For some reason, he seemed repellent to the crystals. He would maintain as much distance and would avoid touching anything.

To the metallic meteor found in Russia, he said, “it affects your mind”.

For Moldavite, “it is an amplifier. stay aware that it would amplify both negative and positive.”

Tektite found in Vietnam, “This is a wise man’s energy with

great balance. If you find a cut piece get one for me”.

I was dumbstruck.



## Color affects the Mind

**A** common theory around healing crystals is the therapeutic effect of colours. This concept goes with the seven chakras system from yogic systems.

I also found that visualizing colors in meditation strongly affect mood and emotional states. The liking of specific shirt color depends on my momentary mood. We get attracted to people with complementary color combinations.

But the color theory is not always applicable to healing crystals because of their large diversity in mineral combination and colors. Different minerals with a similar color might have a variant level of response.

Moldavite looks like a bad quality Emerald, but they are wide apart in their effects.

I received a few pieces of apophyllite crystals whereby I found a green crystal similar to gem-quality emerald. It was interesting to find a green crystal that did not resonate with the heart chakra but the sacral.

## How long it takes

**M**ost meditation practitioners experience an instant change in awareness when they touch a genuine crystal. Others may have a different levels of experiences depending on the type of crystals.

Selenite and Moldavite are crystals that most people feel, while the rest are felt only by sensitive people.

The shift in emotional state is generally spontaneous.

The effect is more substantial in the case of a new crystal and with a person who never encountered it. With time the intensity normalizes, and the induction fades away.

It is hardly 2-3 days before people are back to their normal emotional states. Then they might start seeking another crystal or begin the phase of cleansing crystals with different techniques.

## Effect is short lived

**W**hile I heard so much about healing crystals in the past, all stories went around the experiences, mostly the first interactions. People never talked about long term effects or later effects with crystal healing.

Humans are grounded beings and do not hold the consciousness of a crystal for the long term. The common crystals are sometimes effective in creating an emotional response, but there is nothing physical. The maximum effects I found was with improvement in sleep, digestion and emotional states.

The effects may last for two to three days, with day one as optimum from where the healing stories were shared. Day two goes with a dull effect, and day three, it fades off completely. The same goes with powerful crystals but in a longer timeline and with a different story.

This brings us to the topic of what happens next when a crystal is drained off? If the effect reverses?

The worst that happens is the person is back to the old negative state, again hopeless and in despair. Plus an addition to the search for the day one emotional state. This may end up as

obsession for healing crystals.

Soon the person learns about cleansing and charging crystals and begins another cycle of hope.

This cycle lasts for two to three years. If the person is out of mind? Or there is something deeper? If the crystal has possessed the soul, or there is higher intelligence working?

## Crystals mess up energy

**T**here are some queries related to the adverse effects of crystals.

Sometimes the effect of crystal is quick on the person, but the induction is short-lived. The effect is only for the time it is in close proximity.

Humans are always in their most balanced space of energy. The addition of crystal may help when there is a lack or weakness in a specific chakra.

Some people might also feel overly charged with certain crystals. The behavioural patterns shift to the related chakra attributes.

Every time I interacted with new yellow crystal, it boosted my confidence levels but probably made me a little dumb creating minor mistakes in work. The thoughtfulness levels shift as the energy gets more focused on the plexus chakra. On the other hand, purple crystals, selenite and moldavite sometimes create deep thinking and dreamy states.

This happens when there is a sudden interaction with a new crystal that too only for the first time. Soon the energy system

balances the induction and grounds back to normal.

Except for the need to use the toilet a few times, I did not feel anything adverse with the crystals so far.

## Spending night with crystals

**D**uring one of my seminars, I stayed in a room with all types of crystals I could think of. The owner of this place was a collector and dealer of all kinds of crystals and jewellery.

This entire house is not ordinary like other places. There were crystals everywhere, and the vibrations kept changing with every step.

The dining table had a few kilograms of fresh Lemurians, the bedrooms had all spectrum of colours distributed, the hall had geodes and lamps, and the room I stayed in had storage of bulk crystals.

Sleep was never a problem for me. I could sleep anywhere and anytime.

The entire day goes into the seminar, and the nights were like floating in the breeze with rainbows. There was no disturbance in sleep, just all colors and vibes as I get ready to sleep.

Before leaving the place, I asked the owner if there was something special in her house. I had this strong vibes and flow all night when sleeping in the room with flashes of colors.

I learned the room had some of the rarest crystals and spiritually active energies. It is normal to receive the flow of energy when being around them.



## Crystals are Conscious

**M**ost collectors believe crystals are conscious beings. I had met a few collectors who talk about beings, guardians, and devas in crystals.

Some people also saw orbs and portals in the place I stayed in for the night. I had no such experience.

I believe consciousness is activated only by consciousness. A crystal activates only when there is an interaction with a person.

As with advancement with new age healing system, people have created all forms of new tools and techniques. Some people could recreate any response with direct intention without the use of any crystals.

Certain crystals found in India are said to contain the energies of ancient yogis left behind for the later generations. Especially the Himalayan crystals that come from a place with a history of intense spiritual work of thousands of years.

There are possibilities that the healing crystals were programmed as tools by some of the earlier spiritual masters.

## Major Therapeutic Effects

**I**n all these years, I did not come across any significant curative effects with crystal healing. This information is limited to crystal meditation, chakra crystals and carrying a crystal with self, including wearing astrological gemstones. Crystal healing with a healer or crystal reiki practitioners might have a different story.

What effects I experienced or witnessed:

Feeling Relaxed

Improvement in Sleep

Deep Meditation

Stress release

Feeling Confident

A shift from sadness to Serenity

Improvement in digestion

Better Focus

The above list could go on with the years of collection. But something is common for all of the above experiences. They are based on emotional response.

To date, I did not meet a single person who had a healing

## MAJOR THERAPEUTIC EFFECTS

experience for a major health issue working with crystals.

## The mind seeks

**T**here is a reason a person seeks and spends on healing crystals. It is both the momentary relief and hope that motivates the person.

The mind is trying to fill in the gap with the connection and experience.

It would be unfair to say that healing crystals do not work because they make the person push further to shift from the suffering.

I don't think crystals ever helped me with my neural pain or life struggles. I least care about improvement in sleep states or digestion because they could be triggered with direct thoughts.

There is a reason I am writing on this project. It is because healing and awakening happen in layers, and the process takes years.

The first crystal was picked at the onset of the Beyond Placebo writing project, and when moldavite came in, it was a full-fledged launch. The rarest crystals showed up during significant changes in consciousness.

I began writing on the layers of consciousness and structure

of human experience and behaviour soon after one of the rarest crystals was sent to me by someone.

Carrying these crystals won't help anyone, but they have an effect on the person. Long-term effects could be created when a person consciously works with the states triggered by the crystals. In my case, the crystal triggered state turned out to be an entire project in human behaviour corrections. These sessions now serve thousands of people every month.

Check out the Healing Sessions with Beyond Placebo YouTube channel.

## Energy Attunements

**I**t is unnecessary to wear rings or carry crystals to create an emotional shift. Intentional expressions were found to have a similar effect as wearing a crystal.

When I received the collaboration idea, it was about the creation of an energetic connection to some of the rarest and most potent crystals available so that everyone could have direct access to the healing energy. Because the concept was similar to the healing codes, it was meaningful to write in the project.

What I found with powerful crystals was they have an energy field that follows your intentions, and the energy could be directed like any healing system. This allows the creation of energy attunements to such crystals with simple words like the healing codes. The concept needed trying the process with multiple crystals, and hence the collaboration with a crystals expert.

## The healing codes

Healing codes is a concept from the first book and could be applied in any type of healing system. The codes are simple words that activate the flow of healing energy when a person consciously reads or utters the code.

### Moldavite Attunement

The crystal itself is known to be quite intense that it takes some time for people to handle the energy. The healing code makes it even more intense but easier to work with. It is advisable not to take multiple energy attunements in a day or at a time. The time needed to integrate the energy varies from person to person and may take days to weeks.

To activate the attunement, sit in meditation or lie down and say the code, “Moldavite Flames”. Relax for 10-15 minutes as the attunement works.

Once the attunement is complete, it is possible to activate the energy and use it for self-healing meditation or attuning others. (like any healing modality)

### Tibetan Tektite

This one is no less intense for some people but gets grounded and balanced in some time. The energy attunement enhances the quality of meditation and focus. While the above crystal makes a person woo-woo rush like the wind all the time, this one is quite grounded.

The attunement code, “Tibetan Tektite”.

## Pallasite

The energy is fiery and intense on the body and skin, and most of its energy gets focused on the plexus. This one crystal would stand on top of the most powerful and intense crystals list.

Attunement code, “Pallasite”.

## Libyan Desert Glass

The concept on this crystal could be misleading from a person like me. Personally, I wouldn't say I like LDG. But there are people who has no affinity to moldavite but respond strongly to Libyan desert glass. This could be named the most powerful grounding stone that it would close any and all energy flowing. A healer might not be able to channel any healing energy in its presence (The experience of the moldavite affinity people).

Attunement code, “Libyan Desert Glass”

The diogenite meteorite is currently removed from the list because it shattered into tiny flakes during shipment. The other metallic meteorites, too, have been cut from the list.



## Crystals Infinite Attunement

**T**his is the ultimate aim of this project with a fortune spent in money and time. The second book in this series is aimed to contain a single attunement that covers all the known healing crystals energy.

It may solve the following problems:

1. Removing the limitations of time, space and money in finding crystals
2. The energy of crystals fading away in few days
3. Creating new combinations of healing energy (like a pink phenakite that does not exist)
4. Dangers of toxic or radioactive crystals
5. The need to constantly clear and cleanse crystals
6. Realizing that the Self is enough to create all positive changes in life.

## Next Book

**B**ecause of the limitation with funds and time needed in shipments the second book might take another 2 years to complete.

Meanwhile enjoy 200+ healing meditations with Beyond Placebo Channel and follow the author page to receive book release updates. The other book series is in process of release and the first two books are available on most platforms.

Go to [www.beyondplacebo.co.in](http://www.beyondplacebo.co.in) and subscribe to email news letter to receive book release updates and pre-release discount offers.



*Spent 100 USD on a crystal smaller than a peanut*

## Collection so far

**T**he search continues for rare crystals. The top on the list is Ajoite for now.

The collection so far has been huge which includes everything people know as healing crystals plus some of the rare ones. The list of some rare crystals shared below:

Serendibite Morganite Moldavite Libyan and Tibetan-  
Tektite Pallasite Diogenite Phenakite Elestial-  
Calcite Aragonite  
Herkimer Diamond

## Celestial crystals part 2

**I**t has taken quite a few years before we could realize the gap in understanding the role of a person towards what we experience with crystals. Part 2 of celestial crystals empowers a person to realize they are the source of their crystal energies and already have all the needed resources to create the experience they desire. Celestial crystals sole purpose has been to free the minds of people from attachment and dependence on crystals that might cause the lag in self-realization. This book shares the attunement to crystal infinitium, which means you will get the infinite source of crystals energies to any crystals that ever existed; not just you can access it, but you also play a role in upgrading the collective crystal octave of energies assisting in the evolution of these mineral vibrations.

Once in complete tune with the celestial energies, soon the person realizes the higher truth, that they are the source of their crystal experience. And then, they are prepared for the final step in self-realization by learning to trust their consciousness, more importantly, step out of the duality energies that the collective crystals have been imbued by past practitioners.

## The core concept

This book was not meant to create another modality to play with crystals but to allow all readers to step out of the cycle of learning and integrate the realizations. Of course, the crystals helped people, assisted them in healing, feeling at home, and having more positive energy, and protected them against negative energies. But, have you ever asked, whose negative energy?

What is the source of crystals vibes? Why do you need a crystal to protect from someone else's energy?

There is a reason crystals are limited in their help! Where is the missing gap?

Why crystals cannot help in self-realization? Why do the teachings sound more like conflicts?

Why is crystal energy based on duality consciousness and has the projection of positive and negative?

Ask these queries and try to answer them as you become more aware of your skills.

**YOU HAVE THE  
POWER TO CHANGE  
THE WORLD.**



*Inner Power*

## The Celestial crystal Attunement

**T**his session was written in 2014 and has been used by many readers who have shared their experiences. Although it has the energy connection for any and all crystals ever known, there was a piece of the puzzle missing for so long. This is what has limited the further expansion of consciousness on this topic. Recently as I am working on the final book in the Beyond Placebo series, a lot of awareness and realizations surfaced that assisted me in gluing the last piece of the puzzle. The attunement to the celestial crystals is similar to the use of any healing codes. This session, once activated, creates the sacred universal geometries that transcend all dimensions of reality and are primarily found in crystals. Once a tune-up occurs, you get a permanent alignment with the core consciousness of all crystals that ever existed or will show up in the future. There are two levels in this attunement process.

Part one is the attunement to all healing crystals' energy so that there is knowledge and awareness of the healing crystals being used at large among people. This helps access the most refined energy of these crystals and their combinations.



To activate the attunement, lie down, close your eyes, relax, and read the code in your mind:

**“Crystal Healing Attunement”**

The above session integrates in an hour or two, and the person gets ready to heal with the energy of crystals. There is one limitation to this modality that it was based on the current consciousness of crystals, and there is limited awareness of the inner skill a person would develop. For this reason, a second level was created that allows transcending the limitations of current age crystal healing ideologies. It makes you aware of all your infinite skills and assists in self-realization. The dependence and limitations do not exist at this level. It makes a person the source of crystal energies and gives the freedom to use with complete freedom to the extent of creating new crystal essences and updating the current crystals known to a very new level of energy.

The second attunement needs some level of expertise and practice on part of the master healer. To activate and integrate this level of consciousness, a person must be already in tune with higher vibrations. That is a reason the first part of this book has attunements to some of the top vibrational crystals ever known. It will take some time, practice, and meditation to fully become aware of the crystal God/Goddess consciousness and have access to the infinite field of this energy. The process goes through layers of learning and self-realization.

To activate this session, wait for a day or two after the first session and then use the code for attunement.

**“Crystals Infinitium Attunement”**

”

*Bloom where you  
are planted.*

”



*Learn*

## The Journey of a Crystal Deva

**A**ttunement and activation are just the first step in this process. Hereafter, it is your purpose to integrate the energy and expand it further. There are a few recommendations that allows one to fully expand their energy field and realize inner freedom.

### Heal your Karma

The first and foremost step in the path of inner freedom and self-realization is understanding the effect we bring to this world. Therefore, healing karma and integrating the lessons is one of the most crucial process in spiritual evolution.

To start the journey of karmic release, prepare yourself for a relaxing meditation, lie down close your eyes. The first step would be to find your celestial crystal for forgiveness. Drift in your imagination to the most beautiful crystals, caves, and mines. Look around the space for the right color and vibe that feels right. Then, pick the crystal, allow it to resonate, and light up your space. This is the energy of forgiveness. Place it in your

heart and absorb its effects; you are learning to forgive yourself and others. This celestial crystal will be used anytime you need to activate a forgiveness session for yourself or others.

Walk further inside the crystal cave and seek the crystal of soul purpose, in other words, a choice to serve others with your healing skills. As you find the right crystal, pick it up, place it on your crown chakra, and allow it to melt and get absorbed in your field. This is the choice of life path, and a willingness to serve others that dissolves a large part of karma.

Last, you need to purify the karmic blueprints in your feet chakra with a crystal of grace. Find a golden white shining crystal, place it between your feet, and allow it to lit-up and purify your feet chakra.

Now relax and sleep for some time as the energy is integrated. Finally, the healing process is complete. Generally, after this session, many past issues may surface in life and begin to resolve naturally.

## Healing Your Ancestors

Every time people worked with karma clearing, it was a common experience that family issues would surface in their day-to-day life that they have been facing for generations. This is where people need a session for their ancestors as final healing and release. The process of healing your ancestors is similar to the karma session and easier as you have already created the energy needed for the process.

To start the session, prepare for meditation or sleep. Focus your mind to your parents, then grandparents, and further as a tree of ancestors. The names and identification is not required, the session just needs intention and some focus.

Now, imagine or call your forgiveness crystal and share the energy with all the ancestors, and it flows into the tree. Allow the time needed for the process. The next crystal you will use is karma healing for ancestors. Finally, share the healing crystals with all as a gift in imagination. Show gratitude for their acceptance of healing. It takes half hour to a few hours for the session to integrate.

A lot of family, relationship, and monetary issues resolve with this session.

### Crystalline Light Body

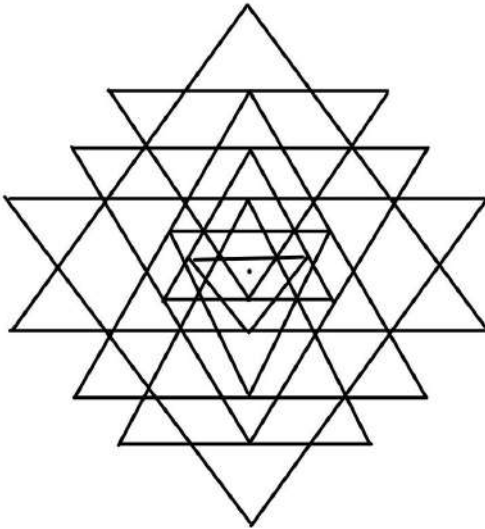
The journey to becoming a master in celestial crystals needs some amount of work on your part to fully anchor and activate the crystalline light body. This level of activation is only effective when you have fully integrated the activations and cleared your karma. The crystalline body brings the states of deep self-realization and the ability to channel infinite crystal energies.

To keep this activation simple, the session is activated with a healing code. So, prepare for a healing session, close your eyes, and activate the session by saying to yourself, 'Crystalline body activation.'

This session creates multiple levels of crystalline fields formed of the energies of harmony, joy, healing, grace, and oneness. The energies are held together as a fine structure of crystal around the field.

There are multiple levels of consciousness, the depth is the inner self, and the first layer is the choice to live with compassion and forgiveness. The first double triangle is the structure of harmony; the choice to live in harmony in all aspects of self and others. The second layer will be non-duality, a choice to

be non-attached to the perception of good and evil, and the outermost layer is grace. When ideally activated, this crystalline body resonates with the consciousness of the universe creating immense spiritual transformation.



*Crystalline Light body*

## The Higher Purpose

**T**he purpose of this system is to assist crystal enthusiasts to experience the full glory of crystals by enhancing what they already have and also creating what they could not afford. The crystal healers, collectors, and business owners with this enhanced consciousness and knowledge would be able to help others in a more empowered way. The same crystals that people are buying in expectation of help, would receive the needed help and support without any extra effort.

It is true that a large population around the world may not ask for help even when they may need it the most. Buying crystals is a sign that they are struggling with something. Let this business be of love, joy, grace, healing, and growth to all, both the mineral kingdom and the humans.

### Celestial crystals for healing

Celestial crystals is a integrated form of universal energy that you may apply in your own healing journey. The level of intelligence in these energies could be realized as you begin

to use them in sessions for self and others.

The attunement to this modality is just one time, thereby you do not need it further. All you need is, trust, follow your intuition and practice.

### Celestial crystal for self healing

Lie down comfortably and imagine yourself to start this healing process. Then call/say crystals for self healing, and allow the energy, colors, and light to flow. You will have the lucid experience of the process and a deep relaxing sleep. When healing others the same process is applicable.

### Celestial crystal for protection

People who are quite sensitive to energy and situation would find this session effective in protecting themselves. It also has the effects of surfacing the core reason of the issue. With this session call the crystals for protection. Generally, over time of practice, a persona realizes that they need protection against their own thoughts, beliefs, and projections.

### Celestial crystal for Inner child

This is an interesting session and brings up a lot of joy in your being. To perform the inner child healing, first visualize and create a gift of the most beautiful crystal colors, allow the energy to settle. Then, you need to visualize going back in time and meet yourself when you were a kid. Hand over the gift to yourself with the acknowledgement of joy, peace, harmony, and growth. Then relax for few minutes as you drift in a deeper state absorbing



the changes.

Celestial crystal for Shadow work

Shared in the later chapter.

Soul retrieval with Celestial crystal

Shared in the next chapter.

Celestial crystal for bad childhood experiences

If you carry imprints of childhood trauma and abuse, use a similar process in self-healing to release the issues in adulthood. Intent to create a crystal of healing, protection, harmony, and grace and then place it on your childhood self as a ring or pendant. This would clear the drag of the past issues in adulthood.

The crystal dragon for protection

Something quite powerful happens when you integrate visualization with your creativity. A few years back, someone reading and watching my youtube sessions connected and complained of being attacked by dark spirituals in their place. It has left marks on her body and left her with disabilities. While we discussed the reasons, I requested her some time to get back with a real-time solution. It was in my idea that she is using her enhanced spiritual skills to create damage in her body as a form of subtle self-sabotage reflected due to the rejections she experienced from others. I had no reason to confront her dark

spirituals. All I did was assist her in creating a guardian dragon that would protect her from her own energies, experiences and responses, to reflect it all as a positive learning and self-realization. The dragon did its miracle; next morning, her marks began to dissolve, and she had certain positive epiphanies with dragons in business.

Visualization creates and anchors the energy field as well as the intelligence needed in your path. You should follow your intuition in the process.

### Celestial crystals for self-realization

Using crystals for self-realization is only possible when the duality perception and control get released from the seven chakras. Intend to create crystal energy from grace, harmony, and non-duality, then place one crystal each on the seven chakras. It takes some time before a person starts realizing the process.

*Dont stop untill  
you're proud*



## Soul retrieval with Celestial Crystals

**T**his term has been long used for a few decades or centuries. However, there is a problem in soul fragmentation theory and perception. A recent concept among new age spirituals says, 'it is not the soul that inhabits the body; it is the body that is inside the soul'. So what do you really retrieve in soul retrieval?

The soul is eternal, perfect, and free from duality. What is expressed as soul parts during soul fragmentation is a metaphoric expression of the human ID (lower ego self or personality). There is only one soul, and it is the source of all templates that branch out at multidimensional level to form the consciousness that has been termed Soul in the duality perception. The original soul cannot be fragmented or damaged. This goes to be the realization a long time after the soul retrieval at personality (lower self or ego) and moving on to higher spiritual consciousness.

In spiritual terms, soul loss or fragmentation refers to losing a part of the soul or aspect of the self during many lifetimes. It may happen multiple times and at multiple levels. The loss in

this lifetime could be easily understood with some behavioral factors. For most people this goes undiagnosed and seems to be just a change in attitude and behavior over time. Most of the changes are unhealthy and attract more life problems.

The fragmentation becomes very evident, specifically during higher spiritual work as the gaps cause intense imbalance during the initiation process. The ascension initiations never complete with fragmented Soul personalities and cause much pain and suffering as ascension symptoms. The soul retrieval becomes a part of ascension puzzle in this case.

Listed below are some mental, emotional and behavioral patterns that are signs of soul loss. Also these are some expressions people use to describe themselves. Spiritual signs could be identified when working with a experienced healer during soul retrieval meditation.

*Some signs of soul loss:*

1. Inability to feel emotions
2. Feeling like disconnected from past happy self
3. Unable to show empathy to self or others
4. Excess Dependence on someone or something
5. Not feeling happy again
6. Not feeling whole or complete
7. Loss of past virtues and abilities
8. Always lost, spaced out and ungrounded
9. At times need to attack or damage others (something similar to lost aspect)
10. Easily picks others behaviors and personalities
11. Too sensitive emotionally
12. Easily gets affected with negativity around people

13. Addiction brings ease
14. Feelings and expressions of emptiness
15. Depressions with some of the above other signs
16. Pain and disability in a certain part of the body

### *Reasons for Soul Loss*

Nothing happens without a reason, and that, too a good reason. This has been the experience of many participants and also those who practiced soul retrieval healing for others.

Soul fragmentation shows up like a defense system during some major traumatic event. It tries to minimize the loss by hiding an aspect of self or memory of self. Some other aspects (like inner values, judgments, and self-image) that may cause further emotional turmoil are blocked and hidden. The aspects are inaccessible thereafter as long as the mind does not receive the important information to recover from the original trauma. The behavioral proof of this could be seen in the person as seeking or being triggered by certain behavioral patterns in others. The spiritual explanations go with losing a part of self in the trauma that is lost in time or in another plane or dimension.

There is another behavioral factor that outruns Trauma in causing soul loss. And it is the pattern or need of Self Sacrifice. This is the most important factor that showed up during the many levels and layers of Soul retrieval work. Trauma could be a triggering factor, but the fragmentation rate will be much smaller than a trauma-triggering to self-sacrifice pattern. The personal choice in this pattern makes it a bigger issue.

The other reasons for soul fragmentation, as explained earlier, are metaphoric expressions and could be dug down to the same original factors. Some examples: spell, black magic, entity

attack, psychic attack, spiritual attacks etc. Nothing happens without personal choice.

There is one more reason that showed up in my work. A person with a partly fractured personality (some trauma held and hidden) but not affected by it may go through a fragmentation if the person takes a very high spiritual energy activation. This happens due to subtle changes in the vibration levels. The finer and more powerful vibrations make the soul body lose aspects that were loosely held. Also, the fractures in soul surface strongly during the higher energy activation, where there is a need for repairing and healing.

The explanations here are direct experiences during the process of retrieval and working with multiple people with different factors. Some initially used spiritual terms and metaphors, which later reached the conscious awareness of memories and subtle choices. Blaming is a subconscious defense pattern too, but it is used as long as it is tough to handle reality. When ready, the blaming patterns must be released to retrieve your true Soul power. All the metaphors blamed (spell, black magic, psychic attack, bullying, abuse) as a reason for fragmentation are parts of this same pattern. Understanding this point will make the retrieval all the way easy and natural, especially because taking responsibility for self retrieves your Inner Power. Blaming is a big factor in Soul/Will power loss and inability to retrieve.

### *Importance of Soul retrieval healing*

Soul retrieval process has its importance in all aspects from a physical, mental, emotional, soul level, behavioral, relationship, and social well-being. Some issues never heal because there is damage to soul. The ascension initiations are naturally blocked

as fragmented aspects cannot take higher energy activations. The person is never really in total control of self but in control of triggers from the lost aspects.

### *What to expect in and after a soul retrieval meditation*

A soul retrieval session is generally intense with emotional release and, at times short overwhelm of memories. The body shows multiple sensations, from vibrations to pricking, shivers, muscle twitches, cold or warm feelings, chakra spinning, and lots of quantum field movements in and around the body. At times, the body may get painful reactions that subside in a few minutes. The mind stays in a space of subtle awareness and is partly asleep, experiencing all the layers and emotions related to the process. It seems like the person is dreaming as the process goes through. The person normally wakes up with lots of memories and realizations with a feeling of deep peace. Bliss is a sign of completion. If it is not achieved, the session is still in progress.

### *Soul retrieval with Celestial Crystals*

This would be a puzzle-solving quest in visualization or meditation. Start with feeling yourself and visualize the crystal of your consciousness. Check if there are gaps, cracks, or missing pieces. Travel back in time when you had some significant negative experience and check your memory to find the missing piece. Pick it up, intend to purify and upgrade it with healing energy, and integrate it into the larger piece. Allow some time as you relax. You may need to repeat this session for multiple pieces.



”

When things are tough all  
you have to do is continue  
on the path.

## Shadow Work

**S**hadows of self are formed in the course of life-time when the personality identifies something unacceptable in self. The rejected aspects get disconnected from the personality and remain dysfunctional. There is no further learning or refinement in these aspects of life as the mind has rejected and consciously cut off from these aspects. These are mostly programs that a persona perceives as negative in others or the society teaches them as wrong.

The emotional rejection is a major reason that forms shadows. In the course of lifetime, a person may develop multiple or innumerable shadows. Some aspects are major while some minor and cannot be identified. The problem shows up when a person needs attributes or inner resources from the long rejected programs. Because these levels have long been cut off from self, the resources will then be also lost or hidden. And the personality struggles to function with lack of needed resources. There are also health issues that are related to shadow self.

A simple sign of the shadow aspect is being triggered emotionally with something perceived in others. Most signs are

emotional triggers but long term effects also could be seen in behavior and personality. Examples of shadow self are rejected emotions of sensuality or sexuality, rejected image of self with respect to something, rejected aspects of life, memories, experiences, perception. These structures generally trigger rejection, hatred, shame, guilt, fear, criticism etc.

Shadow work is the process of knowing, accepting and healing the shadows or inner demons and then merging them back into a whole and healthy consciousness. The natural process could be experienced during spiritual awakening while its a lot popular work among all these days. A shadow worker could be a shaman, a hypnotherapy practitioner or a healer who assists in the process. Here you will find two healing sessions that will assist you through the entire process.

### Celestial crystal for Shadow work

For shadow work, the process is similar to the inner child session. Just in this case you need to seek and hand over the gift to your shadows with a acknowledgement of total acceptance. Most people have struggle in identifying the shadow and finding their whereabouts. The easiest way is by starting the session with one bad thing you have known in another person very recently. It helps quickly identify this inner shadow. The place shining crystal in the shadow or hand it over. It depends on your visualization.

## Work with Celestial Crystals

**T**he attunements are complete, and it is time to train yourself, trust the process, learn, and grow to the new possibilities. Start with self-healing and tuning up your energy needs in every aspect of life. Be creative and try things with curiosity, allow the energy and intuition to direct you.

### Crystals energy meditation

The first part of training is to meditate and heal yourself with the celestial crystals. Work with it like any healing modality; touch or no touch techniques. Visualize and intend to activate the infinitium energy in your field and body, the flow starts from the sky and passes your body through the chakras and enters the depths of the earth through your feet chakra. Allow the sacred geometries, colors, and vibrations flow freely. Let the Universal intelligence connect with the crystals in the core of the earth through your field. Allow the flow. Let the resonance between crystals in earth and the universe begin through you as the medium. In this moment, you hold the seed memories of

all crystal kingdoms as well as the intelligence of the universe. As the session integrates, your body and field transform into a being of pure crystalline body, the God/ Goddess of the Crystal kingdom.

### Healing self and others

The above session is for self healing. There are also other ways to work with healing yourself; attuning your gemstones to healing energy, creating new crystal energy with visualization and placing them on chakras, and other parts of the body, using the energy of the crystal in regression techniques (explained in next chapters). Intention, visualization, and command is the way of directing the crystals energy.

In order to heal others with this energy modality, use the same technique. You do not need to use symbols or mantras to heal others, just the intention or visualization of celestial crystals.

### Creating new combination of crystals

My favorite crystal is phenakite and pallasite, but the most soothing I have ever felt is rose quartz. And I always desired something like rose phenakite, which does not exist, and a combination just dulls the phenakite itself. So I needed the genuine feel of a real one!

This is where the celestial crystals would be fun. Then, I waited for a piece of ajoite for years and yet could not get one. It is possible to create the most refined ajoite energy now and have the experience with this session.

The infinitium here has a much higher role than just playing in ideas. It has the ability to awaken and enlighten the world.

## Crystal for different purposes

With this technique, there is all freedom to create energy combinations for different purpose and share them with your clients and people.

## Upgrading your crystal's energy

It is known that a number of new-age crystals have got activated recently due to the spiritual work of yogis and masters. Most of the Himalayan crystals are known to hold the seed spiritual blueprint from thousands of years of spiritual work. The crystals do not just channel or hold energy, they also tend to evolve in their vibes, and it happens as they come in contact with healers and practitioners. To activate or upgrade a crystal, use the command '**upgrade to the new octave of energies**'. Allow some time for the energies to integrate.

This is one reason crystals from different sources may have varying effects, especially if they come from collectors or healers who are highly conscious.

## Crystals for protection against black magic

I would present interesting stories what could be called case studies in individual lives of people living in remote places in India. It has happened multiple times that in my travels I happen to meet people who has talked of being affected by black magic. While I would generally deny believing their situations, they would always try to show proofs of their issue. It is a fact that the person is suffering and there is a response. But the situations

of the person has different points of view for individuals in the family. And however ways you explain it, the one who is facing it would not believe the words.

And then another event happened. A 5-6 years old girl explained the existence of a witch in the village that makes her sick. As I playfully tried to explain the situation, she shut my ideas by making a statement that I come from outside and do not understand the situation in the village. And this is where I felt the most helpless. When I cannot explain a thing to a kid, I had zero hopes to do it to the masses. The problem is, this kid at such a young age has picked a response from her parents, and she would live with it for the rest of her life.

Now, if I show up in the same village as a seller of amulets or charms, say protective crystals, the same people would pay much more attention. Because this is known and accepted by people that certain objects have the property to protect against spells and curses.

Such crystals are already known and widely sold around the world. The purpose of this book is not to name the same crystals, but!!!

Yes, activate the crystal that would solve this problem once and for all. Not just to protect a person for once but to clear the issue from the very core and help them realize how they are victims of their own response.

Is there such a powerful crystal known?

Yes, it is the infinitium you are holding right now. You are the pioneer of this consciousness.

## Creating candles and soaps

A lot of people I know make and sell healing products. Celestial crystals would be a major upgrade to their skills of doing things and serving others. All a person has to do is intend to infuse the material with a healing crystal of their intention while preparing the product. The energy would be many fold effective than adding a physical crystal.

## Creating crystal jewelries

Few years back someone asked for permission to use the code in making jewelries. It is possible to create specific fashion jewelries that have healing effects with this modality. There are infinite possibilities with this modality. Use your creativity and try new things.

## Crystals for your space

It is fun to experiment new things with the newly found crystals energy. Imagine and create crystals for your home and place them in various directions. It is interesting this depicts your mental space and creates a lot of positive changes.



“

**Intention and action  
creates the magic...**

## Work with Celestial Crystals

**T**he attunements are complete, and it is time to train yourself, trust the process, learn, and grow to the new possibilities. Start with self-healing and tuning up your energy needs in every aspect of life. Be creative and try things with curiosity, allow the energy and intuition to direct you.

### Crystals energy meditation

The first part of training is to meditate and heal yourself with the celestial crystals. Work with it like any healing modality; touch or no touch techniques. Visualize and intend to activate the infinitium energy in your field and body, the flow starts from the sky and passes your body through the chakras and enters the depths of the earth through your feet chakra. Allow the sacred geometries, colors, and vibrations flow freely. Let the Universal intelligence connect with the crystals in the core of the earth through your field. Allow the flow. Let the resonance between crystals in earth and the universe begin through you as the medium. In this moment, you hold the seed memories of

all crystal kingdoms as well as the intelligence of the universe. As the session integrates, your body and field transform into a being of pure crystalline body, the God/ Goddess of the Crystal kingdom.

### Healing self and others

The above session is for self healing. There are also other ways to work with healing yourself; attuning your gemstones to healing energy, creating new crystal energy with visualization and placing them on chakras, and other parts of the body, using the energy of the crystal in regression techniques (explained in next chapters). Intention, visualization, and command is the way of directing the crystals energy.

In order to heal others with this energy modality, use the same technique. You do not need to use symbols or mantras to heal others, just the intention or visualization of celestial crystals.

### Creating new combination of crystals

My favorite crystal is phenakite and pallasite, but the most soothing I have ever felt is rose quartz. And I always desired something like rose phenakite, which does not exist, and a combination just dulls the phenakite itself. So I needed the genuine feel of a real one!

This is where the celestial crystals would be fun. Then, I waited for a piece of ajoite for years and yet could not get one. It is possible to create the most refined ajoite energy now and have the experience with this session.

The infinitium here has a much higher role than just playing in ideas. It has the ability to awaken and enlighten the world.

## Crystal for different purposes

With this technique, there is all freedom to create energy combinations for different purpose and share them with your clients and people.

## Upgrading your crystal's energy

It is known that a number of new-age crystals have got activated recently due to the spiritual work of yogis and masters. Most of the Himalayan crystals are known to hold the seed spiritual blueprint from thousands of years of spiritual work. The crystals do not just channel or hold energy, they also tend to evolve in their vibes, and it happens as they come in contact with healers and practitioners. To activate or upgrade a crystal, use the command '**upgrade to the new octave of energies**'. Allow some time for the energies to integrate.

This is one reason crystals from different sources may have varying effects, especially if they come from collectors or healers who are highly conscious.

## Crystals for protection against black magic

I would present interesting stories what could be called case studies in individual lives of people living in remote places in India. It has happened multiple times in my travels that I happen to meet people who has talked of being affected by black magic. While I would generally deny believing their situations, they would always try to show proof of their issue. So it is a fact that the person is suffering and there is a response. But the person's

situations have different points of view for individuals in the family. And however you explain it, the one facing it would not believe the words.

And then another event happened. A 5-6-year-old girl explained the existence of a witch in the village that makes her sick. As I playfully tried to explain the situation, she shut down my ideas by saying that I come from outside and do not understand the situation in the village. And this is where I felt the most helpless. When I could not explain a thing to a kid, I had zero hopes of doing it to the masses. The problem is, at such a young age, this kid has picked a response from her parents, and she would live with it for the rest of her life.

Now, if I show up in the same village as a seller of amulets or charms, say protective crystals, the same people would pay much more attention. Because this is known and accepted by people that certain objects have the property to protect against spells and curses.

Such crystals are already known and widely sold around the world. The purpose of this book is not to name the same crystals, but!!!

Yes, activate the crystal that would solve this problem once and for all. Not just to protect a person for once but to clear the issue from the very core and help them realize how they are victims of their own response.

Is there such a powerful crystal known?

Yes, it is the infinitium you are holding right now. You are the pioneer of this consciousness.

## Creating candles and soaps

A lot of people I know make and sell healing products. Celestial crystals would be a major upgrade to their skills of doing things and serving others. All a person has to do is intend to infuse the material with a healing crystal of their intention while preparing the product. The energy would be many fold effective than adding a physical crystal.

## Creating crystal jewelries

Few years back someone asked for permission to use the code in making jewelries. It is possible to create specific fashion jewelries that have healing effects with this modality. There are infinite possibilities with this modality. Use your creativity and try new things.

## Crystals for your space

It is fun to experiment new things with the newly found crystals energy. Imagine and create crystals for your home and place them in various directions. It is interesting this depicts your mental space and creates a lot of positive changes.

“

**Intention and action  
creates the magic...**

## Crystals for Astrological Solutions

**G**emstones for astrological solutions is quite popular around the world. It has taken a sharp rise in last two decades, although the concept of astrology is thousands of years old. This rise also created a major change in market values. The current prices of genuine gemstones is so high beyond the limits of the common man. And even if people try to afford a gemstone, they end up with synthetic and artificial ones.

Also, even if gemstones might play a role in astrological solutions, most people do not get the right astrological readings, the right size or quality of gem, and out of all the right material that would suit them. This becomes a lifetime investment thereafter as the person is suggested to upgrade the quality every few years as the planetary positions change or the person is supposed to afford higher quality. Even after all this, there is hardly any positive changes in the person.

Do you know what I just explained?!

So we needed a modality that could solve all these issues. The tune of the energy must be perfect for a person, and its quality



ever upgrading, the prices where the common man could afford.

The first attunement in celestial crystals allows you to create such a gemstone energy or combination to perfectly suit a person's astrological needs. This could be then transferred in the crystals they use or just shared as an attunement to ethereal crystal. As people trust more of a physical object, its best to share it through a crystal.

The second attunement allows you to create what is beyond the limitations of gemstones. Astrological problems have more to do with personality type and human behavior. A healing gemstone must have the property to reflect the inner issues in a person and not just add some colors and vibes in the aura. This type of modality has been available only to advanced crystal healers.

### How to create the astrological solution

Focus your energy and the infinitium crystals into all 12 astrological signs, and connect with the energy on all levels and planetary signs. When the energy flow integrates, the correction for a person should be made through all 12 signs, finally focused on the birth sign. Tune up their gemstone to the energy or tap their wrist and attune them to the energy of ethereal crystal for their astrological sign.

“

*Life is  
What you  
Make  
of it.*

”

## Step past the duality concepts

**C**rystals are formed in the duality nature of material but their designs are the connection of the non-duality nature of universe. The true nature of crystals is to enhance and reflect what has been offered to it. Largely most crystals that are used by masses has got their functions by the work of earlier spiritual teachers and healers. Crystals have the property hold and contain the spiritual vibes and information for eons. But there is much more to crystals that what has been known for so long.

There are multiple octaves of energies that crystals resonate with and it depends on the source and nature of crystals. It takes years for crystals to activate and upgrade to the new octaves. The current level used worldwide is a very limited energy level available through crystals. The limitations was caused by the dense duality form of energy to this planet. The infinitium activations were only possible for crystals that were in Himalayas or the major sacred sites around the world far from the human inhabitations. Now-a-days new crystals are activated due to the mass levels changes in consciousness.

Thousands of spiritual masters are working around the world to assist in the collective transformation.

It is a ripe time that the crystals activate to their infinitium forms.

## The reflection of your inner darkness

Just the moment before the duality shatters, a yogi gets the reflection of the darkest aspect of self. It may also create a ruminating effect in practical life, a repeating cycle of drama with someone. The person creating trouble for you is just a reflection of the last imprint of duality.

As the learning completes, the imprints of duality shift back to the very first memory of perceiving someone as evil. Mostly it has to do with someone you hated as a child.

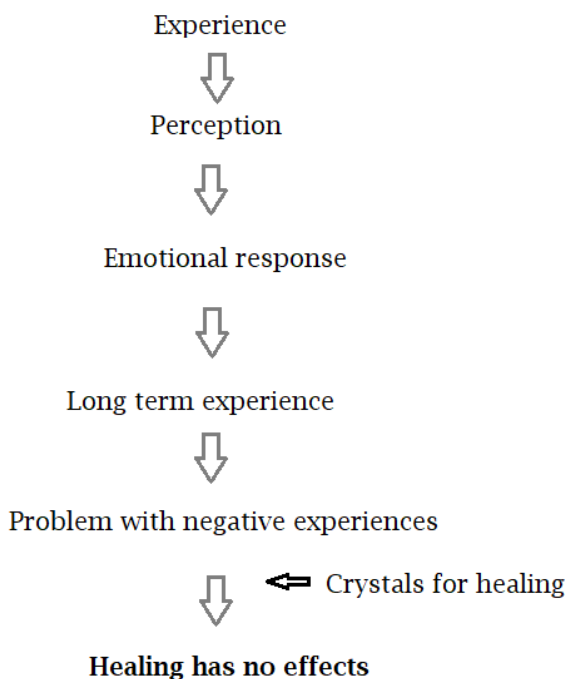
The effect of duality and Kaliyuga gets transcended at this moment.

Great  
things  
take  
time

## Celestial crystals for life problems

**T**he concept of using crystals for various problems is widely popular worldwide. There are crystals and combinations for every situation in life; from digestive issues to marriage problems, people have crystals for everything. The question is, do they really work?

The answer most people would give: sometimes and sometimes not!



*Limited effect of Healing crystals*

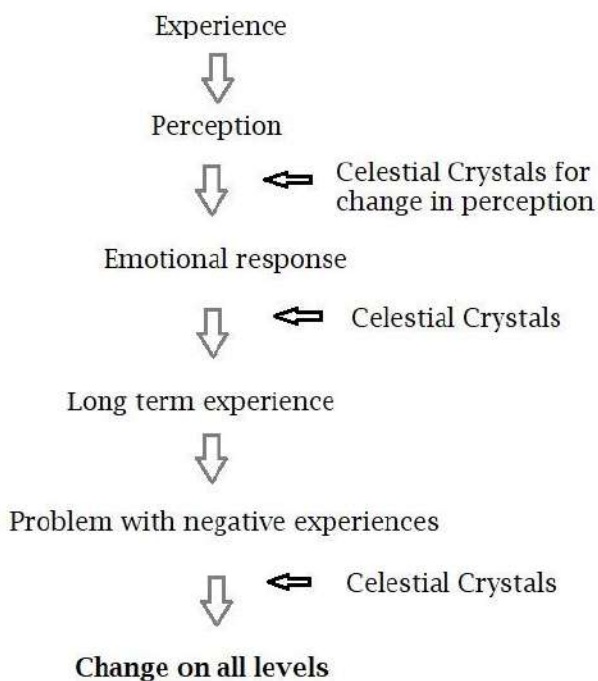
The reason is healing crystals may shift the emotional states and vibes of a person, but they do not change the traits; personality, behavior, and patterns. Therefore, to perfectly solve a problem in life, these crystals must have an effect at the core level of human behavior. For example, pyrite helps with anxiety and fear, but it does not heal it; it just changes state as long as it is near the person.

On the other hand, celestial crystals, when activated or tuned

into pyrite, not just makes temporary shifts but also assist the person to learn and upgrade.

The most crucial point of healing various problems with celestial crystals is becoming fully aware of the situation in self or assisting others in complete awareness. Simply focusing energy and giving crystals hardly has any effects. The further examples will provide a in-depth insight into the process. Trying to heal the problem is like treating the symptoms and not the core issue. It is possible to target any life issue with celestial crystals, provided the right approach is taken.





*Healing with Celestial crystals*

The core concept

For example, if there is an addiction problem with a person and you, as a crystal seller, gets approached for it. What crystals would you recommend to the person?

If we look into the core structure of addiction behavior and

substance dependence, we will always find a need for release. This might not show up on the surface, but it controls the impulse of the behavior and the triggers. Now, if you can identify the entire structure of the behavior and its emotional checkpoints, you can give an effective solution. Crystals work on the emotional states of a person and not like a miracle object.

To create the celestial crystal for addiction, start by relaxing and meditation. If you are working with the client, ask the person to lie down and relax. Say the command, 'Surface the structures and start the healing process'. Wait for 2 minutes as the mind drifts to the core of the issue from past memories. This is one layer of the information. Next, call the crystal for harmony, healing, and grace to be placed on the person's chakras. Allow some time. As a deeper emotional state surfaces, identify the core value of this dependence, finally activate a purification crystal and then place the crystals of healing, acceptance, and release. The session is not complete yet. There will be a relapse of the emotional triggers as the person returns to daily activities. Place a crystal of protection on the third eye and sacral chakra so that the triggers are identified but do not control the person. This completes the session and would give results only if the person shows the will to quit addictions.

If you were doing this session just to create the celestial crystal of addiction, the energy is now ready and can be applied and activated in any crystal. So you have the basic idea of a healing and the target points in any session.

## Fear of Darkness

Alone and afraid is a recent session created for people fearful of being alone at night. The session allows the person to become aware of the first imprints and behavior choices that trigger the anxiety response they get in the dark. Once the mind identifies the choice, a change shows up spontaneously.

To create a crystal energy for fear, focus on your body and feelings when you are in the dark. Could you allow the thoughts and body response to surface? Now, imagine or call celestial crystals to heal this fear; let the crystals transmute your body and aura, clearing all the fear into acceptance, calm, and groundedness. This is where the memory of early childhood fear may arise. imagine walking back in time to your childhood time and handing over the healing crystal to yourself. Relax for some time as the response shifts. The fear finally resolves and reaches a state of understanding.

## Crystals for Self Image

The luck or fate of a person largely depends on self-image and inner worthiness. Bad luck is a sign the person has deep-rooted unworthiness programs. The first imprints generally get created in early childhood, and the session needs to be structured well to create the healing response. The first and foremost step would be creating a celestial crystal for self-image beforehand so that the program is ready before you work with someone else.

Prepare for a healing session, lie down, close your eyes, and activate the energy of celestial crystals. Now, start focusing on the process of healing self-image. Feel and imagine yourself with respect to the world around you. Surface the structures

and heal. Allow the energy to flow and let the crystals in your space start shifting their essence and color to a brighter tone. Next, focus this energy on your childhood/inner child. Allow some time to heal and absorb the changes. Then command, heal, and align with love, acceptance, harmony, and grace. A lot of emotions and memories may surface in this space. Continue to make changes in the memories that surface. The focus would be to shift everything into forgiveness, healing, harmony, and grace. When the session is complete, you have the perfect crystal for a self-image that could be shared or activated for anyone.

### Crystals for Confidence

The more complex life situations, the more amount of work is needed to heal and clear the metadata in them. Confidence factors in different aspects of life must have very clear definitions before they can be corrected. For example, confidence in public speaking needs a person to be as calm and comfortable on stage as in any other space. The first step needs to clear the triggers and emotional responses based on personal beliefs. The second step would be the choice of emotional states one needs on stage. One such program is Charishma.

### Crystals for finding a partner

Your partner is generally a complete reflection of all levels of consciousness. People who find it hard to maintain a relationship need to know themselves first and then correct aspects of self that are misaligned. If a past relationship has failed, it is a good start to heal the emotions and perceptions in that space. Thereby more layers would surface that may have a connection

with how you have perceived your parent's relationship. There is no miracle in the process of healing with crystals, you are working on your behavior and interaction with the world. To create a perfect crystal for marriage or finding a partner, you may need to work with multiple sessions with many people to fully become aware of the diversity of human behavior in a relationship.

### Crystals for a successful marriage

This would be a less vague process than finding a partner. The person already knows the current issues in their emotions and life, which makes it easier to work.

### Crystals for Success

Crystals for success and good luck are based on focus, determination, and the right mindset, with the flexibility to learn in the process. While the core crystals might be the same: harmony, healing, and grace add more values like authenticity and integrity, joy in growth, with fun in work.

### Crystals for manifestation

This would be an interesting process to create and master. Celestial crystals for manifestation need some level of self-realization and inner mastery. The person must realize how they have achieved things in life and what desires never reached fulfillment. It would take multiple sessions to reach the final core energy of such an effective crystal. Begin with creating crystals of protection (formed of energy of harmony, healing,

and grace) for the seven chakras so that no projection manifests that is misaligned with these programs. Allow some time, and then start working with each desire one at a time, aligning it to the three healing crystals.

## Beyond Placebo Series

### Beyond Placebo

**T**he first book is the foundation of the series. It shares the concept of Placebo effect and ancient medicine system also with a clear decipherence of the elements that create healing effect.

The final chapter shares 60+ codes that are simple words to activate healing sessions.

### 'I AM' Experiments

The second book covers the story of the author along with a deeper understanding of Yogic philosophies. The book covers three powerful yogic activations that allows a practitioner experience the ultimate state of meditation.

### Book 3

Some of the spiritual teachers, healers and yogis after 2-3 decades of spiritual work gets stuck in this trap. This is one of the darkest side of spiritual work that only advanced yogis realize.

Medical conditions, emotional problems, legal lawsuits and all type of negative spiritual experiences that seem to have no solution hit the person. For now no one really knows what it is.

This book covers the topic based on direct interactions with some of the most advanced and dedicated spiritual practitioners who has to go through the inevitable test.

### Book 4

An intensive form of yogic practice that covers all layers and levels of spiritual consciousness and transformation. This book shares the activation of a simple and powerful mudra that purifies and aligns a yogi in the most intense ways.

### Book 5

This book shares cycle of ascension into 24 major activations shared with Placebo Codes. It completes the complete cycle of ascension/ purification and embodiment of the higher consciousness.



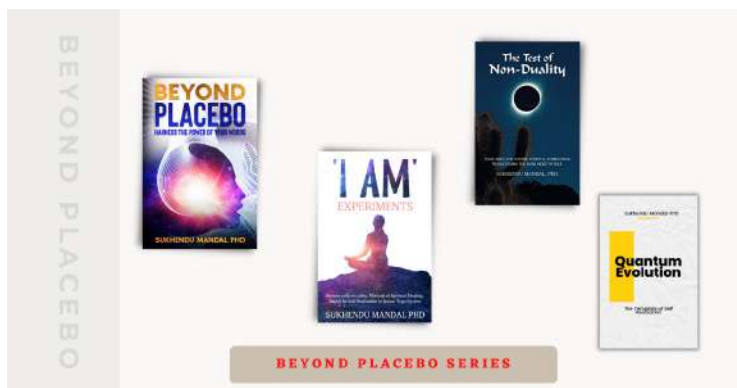
## Share your Thoughts

This book has been designed with years of interaction with people. Your experiences and thoughts on the topic will always enlighten the path ahead. Please share your session experiences on Good reads:

<https://www.goodreads.com/book/show/60624292-celestial-crystals>

**You are the  
Celestial Crystal  
my Friend**

## Book Series



*Beyond Placebo Book Series*

